



PO Box 1239,
Port Lincoln
South Australia 5606
Tel/Fax 08 8684 5001

www.wildernesswanders.com.au
info@wildernesswanders.com.au

Day Walk Details

General:

You will be met by your tour guide at the Port Lincoln Visitor information Centre. Please note that untimed car parking is available in several locations nearby.

Equipment will be issued and your guide will instruct you on the details of the walk.

You only need carry lunch (provided), water, rain jacket, jumper (if needed) and camera.

Walking will be at a leisurely pace with plenty of stops for rest or photos. On your travels you will learn about the local fauna, flora, geology, history, astronomy and landscapes that make this area unique.

At the end of the day you will return to Port Lincoln happier, wiser and fulfilled.

What to bring:

- Water. Two one litre bottles of water in unbreakable containers. Our backpacks are hydration bladder compatible. This is a neat, convenient way to carry water, as they sit in the pack and have long tubes to drink from, instead of having to retrieve bottles from the pack. We do not supply these, but you are welcome to bring your own or purchase one from us at \$20 for a two litre bladder.
- Rain Jacket. This must be fully waterproof. Breathable rainwear (eg Goretex) available from good bushwalking supply stores is worth the expense.
- Broad brimmed hat. Bring your favourite, or purchase one of our good quality \$25 waterproof, breathable hats with our logo embroidered on them. Please order upon booking.
- Sunglasses

Optional:

- Camera with spare batteries and storage card or film.
- Snacks. While lunch is supplied, we suggest that you bring high energy snacks for your walk. Nuts, dried fruit and lollies taken from their original packing and placed in plastic zip-lock bags are ideal.

Clothing:

- Shorts or light weight, relatively loose trousers/tracksuits. Heavy jeans are unsuitable for bushwalking.
- Light weight long sleeve shirt (for sun protection).
- Shoes or boots. As all walking is along tracks or open ground, heavy boots are not needed, although loose, stony ground is often encountered. Light weight boots with good ankle support are ideal. Good quality sneakers are suitable providing they also support the ankles. It is important all footwear must be broken in before this walk to prevent blisters.
- A warm jumper, polarfleece or similar, is recommended on all but the warmest days. Temperatures can be surprisingly cool on the coast.

What not to bring (What we supply):

- Sunscreen. Good quality sunscreen is carried by the guide for regular application throughout the day.
- Insect repellent and antiseptic hand wash.
- Tissues – these double as toilet paper.
- Gaiters. These are worn on the lower legs to protect from cuts, scratches and snakebite.
- Backpacks. 30 litre good quality day packs are provided
- First aid kit. Our guide carries an extensive first aid kit and is certified in its use.

And of course, we supply one informative and helpful guide with extensive local knowledge and years of bushwalking experience!!